

## The truth is out there!

### Life Matters

#### Aim:

To encourage students (aged 13-19) to explore the information contained in Life Matters and the internet.

#### Materials:

- Copies of Life Matters (one per student/pair)
- Copies of the case studies
- Copies of the case studies feedback form
- Tutor notes
- Pens
- Access to the internet

#### Time:

One hour.

This can be shorter if only selected case studies are used.

#### Method:

- Split group into pairs.
- Explain that they will be using five case studies (or fewer) to explore the information being made available to them by way of Life Matters and the internet.
- For each case study the students should make comments on the feedback forms **(30 mins)**.
- Allow pairs time to feedback on what they have found useful.
- Use the Tutor Notes to reinforce key messages regarding sources of support and information **(30 mins)**.

**CASE STUDY FEEDBACK**

For each case study:

**Which section(s) of Life Matters did you look at?**

- Which were most useful?
- What did you like about them?

**Which websites did you visit?**

- Which ones were good?
- What did you like about them?
- Which ones were good for other issues relevant to you.

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| <p><b>Case Study 1 Comments</b></p> |  |
| <p><b>Case Study 2 Comments</b></p> |  |

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| <p><b>Case Study 3 Comments</b></p> |  |
| <p><b>Case Study 4 Comments</b></p> |  |
| <p><b>Case Study 5 Comments</b></p> |  |

## CASE STUDY – TUTOR NOTES

During feedback ensure these messages are reinforced.

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| <p><b>Case Study 1</b></p> <p><b>Unprotected sex</b></p>                             | <p>Young people can talk confidentially to their Connexions personal adviser. Provide name and contact details.</p> <p>Connexions Direct offers information, advice and support to 13-19 year olds between 8am and 2am everyday. Phone, email, text, adviser online, mini-com or group chat.<br/>www.connexions-direct.com<br/>T: 080 800 13 2 19.</p> <p>The Connexions West of England website is a good central sources of information – <a href="http://www.connexionswest.org.uk">www.connexionswest.org.uk</a></p>  |
| <p><b>Case Study 2</b></p> <p><b>Local activities</b></p> <p><b>Volunteering</b></p> | <p>Young people can talk confidentially to their Connexions personal adviser. Provide name and contact details.</p> <p>Connexions Direct offers information, advice and support to 13-19 year olds between 8am and 2am everyday. Phone, email, text, adviser online, mini-com or group chat.<br/>www.connexions-direct.com<br/>T: 080 800 13 2 19.</p> <p>The Connexions West of England website is a good central sources of information – <a href="http://www.connexionswest.org.uk">www.connexionswest.org.uk</a></p> <p>Check out the Places to Go, Things to Do websites. There is one for each local authority:</p> <ul style="list-style-type: none"> <li>• B&amp;NES - <a href="http://www.b-active.info">www.b-active.info</a></li> <li>• Bristol – <a href="http://www.goplacesdothings.org.uk">www.goplacesdothings.org.uk</a></li> <li>• North Somerset – <a href="http://www.n-somersetcsd.org.uk">www.n-somersetcsd.org.uk</a> – go to Young People’s Zone</li> <li>• South Gloucestershire – <a href="http://www.youthunltd.com">www.youthunltd.com</a></li> </ul> |

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| <p><b>Case Study 3</b></p> <p><b>Career choice</b></p> | <p>Young people can talk confidentially to their Connexions personal adviser. Provide name and contact details.</p> <p>Connexions Direct offers information, advice and support to 13-19 year olds between 8am and 2am everyday. Phone, email, text, adviser online, mini-com or group chat.<br/>www.connexions-direct.com<br/>T: 080 800 13 2 19.</p> <p>The Connexions West of England website is a good central sources of information –<br/>www.connexionswest.org.uk</p> <p>Your Way Forward – Options @ 16 &amp; 17 is a publication and interactive website produced by Connexions West of England to support decision-making. This is distributed to students in Year 11 and is available at<br/>http://options.connexionswest.org.uk.</p> <p>Other Connexions West of England publications they should consider using:</p> <ul style="list-style-type: none"> <li>• Year 9 labour market information sheets</li> <li>• Local Information Sheets</li> <li>• Work it Out! – labour market information.</li> </ul> <p>Jobs4U, <a href="http://www.connexions-direct.com/jobs4u">www.connexions-direct.com/jobs4u</a>, is an online database of 100s of jobs. Includes descriptions, personal qualities, salaries, training and qualifications and much more.</p> |
| <p><b>Case Study 4</b></p> <p><b>Bullying</b></p>      | <p>Young people can talk confidentially to their Connexions personal adviser. Provide name and contact details.</p> <p>Connexions Direct offers information, advice and support to 13-19 year olds between 8am and 2am everyday. Phone, email, text, adviser online, mini-com or group chat.<br/>www.connexions-direct.com<br/>T: 080 800 13 2 19.</p> <p>The Connexions West of England website is a good central sources of information –<br/>www.connexionswest.org.uk</p>  |

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| <p><b>Case Study 5</b></p> <p><b>Relationships</b><br/><b>Housing</b><br/><b>Money</b><br/><b>Independent living</b></p> | <p>Young people can talk confidentially to their Connexions personal adviser. Provide name and contact details.</p> <p>Connexions Direct offers information, advice and support to 13-19 year olds between 8am and 2am everyday. Phone, email, text, adviser online, mini-com or group chat.</p> <p><a href="http://www.connexions-direct.com">www.connexions-direct.com</a><br/>T: 080 800 13 2 19.</p> <p>The Connexions West of England website is a good central sources of information –<br/><a href="http://www.connexionswest.org.uk">www.connexionswest.org.uk</a></p> |
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## CASE STUDY 1

Boy A has recently had unprotected sex with Girl A. He is worried about the possible consequences.

## CASE STUDY 2

Girl B has recently moved to your area.  
She wants to know what there is  
to do in the evenings,  
weekends and holidays.

## CASE STUDY 3

Girl C will finish Year 11 this summer.  
She wants to follow a career  
in engineering.

## CASE STUDY 4

Boy D thinks a new student  
is being bullied.

## CASE STUDY 5

Girl E is 17 and wants to leave the home to live independently. She's not getting along with her new step-family.