

# WHAT DO I NEED TO KNOW?

YEAR  
10

## A few suggestions...

### PEOPLE TO SPEAK TO

Connexions Personal Adviser  
Connexions-direct adviser (080 800 13 2 19)  
Careers teacher  
Employers  
Friends  
Parents/carers  
Tutors  
Work-experience coordinator

### RESOURCES

School/college website  
Careers/Connexions Library  
Work Matters  
Connexions Local Information Sheets  
Options at 16+

### SOFTWARE

KUDOS  
Job Explorer Database (JED)  
Careerscape

### USEFUL WWW...

[connexionswest.org.uk](http://connexionswest.org.uk)  
[connexionswest.org.uk/vacancies](http://connexionswest.org.uk/vacancies)  
[apprenticeshipsonline.org/westofengland](http://apprenticeshipsonline.org/westofengland)  
[connexionswest.org.uk/where2](http://connexionswest.org.uk/where2)  
[apprenticeships.org.uk](http://apprenticeships.org.uk)  
[futures4me.com/woe](http://futures4me.com/woe)  
[connexions-direct.com](http://connexions-direct.com)  
[connexions-direct.com/jobs4u](http://connexions-direct.com/jobs4u)  
[myplan4life.org](http://myplan4life.org)  
[experienceofwork.co.uk](http://experienceofwork.co.uk)  
[direct.gov.uk](http://direct.gov.uk) (14-19your life/youroptions)  
[connexions-direct.com/itsyourchoice](http://connexions-direct.com/itsyourchoice)  
[yatevoluntarylink.org.uk](http://yatevoluntarylink.org.uk)  
[mvonline.gov.uk](http://mvonline.gov.uk)  
[do-it.org.uk](http://do-it.org.uk)  
[princes-trust.org.uk](http://princes-trust.org.uk)  
[youthinformation.com](http://youthinformation.com)  
[connexions-direct.com/parentcarer](http://connexions-direct.com/parentcarer)  
[talktofrank.com](http://talktofrank.com)  
[ruthinking.co.uk/sexwise.asp](http://ruthinking.co.uk/sexwise.asp)  
[teenagehealthfreak.org](http://teenagehealthfreak.org)  
[need2know.co.uk](http://need2know.co.uk)  
[bbc.co.uk/schools](http://bbc.co.uk/schools) (secondary)  
[bullying.co.uk](http://bullying.co.uk)

These are only a few of the resources available. What else can you find?